



KIT LIST

Whitemoor Lakes



acuk 
**WHITEMOOR
LAKES**
releasing potential

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PACKING MADE EASY

KIT LIST

On the second page we put together a kit list to help you to get ready for your stay here at Whitemoor Lakes. Please make sure all the items on the suggested list are clearly labelled. The idea of the list is to keep you comfortable during your stay. If you don't have something, try and borrow it. You don't have to buy everything new just because it is on the list. Check your programme with your group leader and to save time, it is recommended that you travel in clothes suitable for your first activity session



Please note, jeans, 'short' shorts and crop tops are not suitable for activities, we advise tracksuit bottoms. Open-toed shoes are not suitable footwear for activities.



CHECK THE WEATHER

When packing please bear in mind the weather forecasts and adjust your clothing accordingly.



A FEW THINGS TO REMEMBER

- Your clothes may get dirty, so don't bring your best stuff!
- Please do not bring electronic games, radios, personal stereos or anything with unnecessary noise or that may get lost or broken.
- No aerosols please (our fire detectors in the bedrooms are extremely sensitive and will be triggered by spray deodorants)
- We advice bringing a suitcase or soft holdall for your main kit.
- Keep your jewellery at home! For safety, you may not be permitted to wear earrings, bracelets, watches, necklaces, etc. If you must wear earrings (e.g. fresh piercing) please wear a small stud.
- We do not have washer/drier facilities available on site. Make sure you bring a suitable amount of clothes for your entire stay.

SUGGESTED KIT LIST

OUTDOOR ACTIVITIES

- One set of clothes per day
- Warm layers
- Trainers or outdoor shoes
- Waterproof jacket
- Sun hat or woolly hat & gloves
- Hair bobbles for long hair

WATER SPORTS

- Clothes you don't mind getting wet
- Shoes you don't mind getting wet
- Spare towel
- Plastic bag for wet things

INDOOR ACTIVITIES

- Indoor Shoes

OPTIONAL ITEMS

- Waterproof trousers
- Wellington boots (not suitable for activity sessions - *can* be used in free time)
- Torch

GENERAL ITEMS

- Pocket money (we recommend no more than £5/£10 in **small change only**)
- Packed Lunch (if you are arriving at the centre in the morning)
- Towel
- Wash kit (toothbrush, tooth paste, soap, flannel, shampoo, roll on deodorants only)
- Sun cream
- Insect repellent/hay fever medication if necessary
- Nightmare/Pyjamas
- Enough underwear and socks for your stay, plus spares in case you get wet
- Water bottle
- Optional: books, teddy, quiet games such as cards or board games
- Small plastic bag for dirty clothes